

SMART Moves

I, the parent or legal guardian for \_\_\_\_\_ hereby give my permission for my child to participate in the SMART Moves Program at the Boys & Girls Club.

The SMART (Skills Mastery and Resistance Training) Moves program is a prevention and education program designed to address problems such as drug and alcohol abuse and premature sexual activity. This program is broken into three age-appropriate modules: SMART Kids (ages 6 to 9), Start SMART (ages 10 to 12) and Stay SMART (ages 13 to 15). Young people today are faced with so many messages – in the media, from their peers and in the world around them – encouraging them to engage in unhealthy behaviors. The program is designed to teach youth ages 6 to 15 how to say “no” by involving them in relevant discussions and activities to learn resistance and refusal skills, as well as how to develop assertiveness, strengthen decision-making skills and analyze media and peer influences. The ultimate goal is to promote abstinence from substance abuse and premature sexual activity through the practice of responsible behavior. Please note you’re your child may wish to talk to you about some of the topics we’ll address, including: decision-making and problem-solving; drugs, alcohol and tobacco abuse; adolescence and puberty; relationships, intimacy and sexuality; peer pressure, bullying and media literacy; and family and community. As this program can discuss sensitive subject matter, including sexual content, please let me know if you would like to review the appropriate program guide in advance.

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(Signature of Parent/Guardian)

(Date)

OJP Mentoring

I, the parent or legal guardian for \_\_\_\_\_ hereby give my permission for my child to participate in the Mentoring Program at the Boys & Girls Club.

I fully understand that the program involves Club staff, as well as mentors from the community, who will be screened (including a criminal background check) and trained before beginning in the program. A mentor will spend at least one hour per week with my child on-site at the Boys & Girls Club. The mentor is not allowed to take or meet my child beyond the Club facility. I understand that my child will participate in an orientation session at the Club in which the program will be explained. The program will last one year and continuation may then be discussed.

I understand that during the course of the mentoring program there may be special group events (incorporating all mentors and youth) and family events planned. I understand that the staff of the Club will provide ongoing monitoring of the mentoring activities. I permit the Mentoring Program staff and the Boys & Girls Club to utilize photographs of my child taken during his/her involvement in the mentoring program and waive all rights of compensation.

I give the Boys & Girls Club Mentoring Program Coordinator permission to obtain my child’s academic, discipline, and attendance records from my child’s school.

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(Signature of Parent/Guardian)

(Date)

